

Learn to sail without owning a boat - with the "SHARKIES"

Burlington Sailing and Boating Club (BSBC) offers a sail program using the club's Shark and Tanzer keelboats. This is for those new to sailing who are looking for a chance to experience the family fun and relaxation of sailing. In addition, the BSBC Sailing School offers Sail Canada's internationally recognized "Basic Cruising Standard" for those interested in furthering their sailing skills and is an excellent prerequisite for chartering a sailboat in the North Channel or even the Caribbean.



The Shark is a Canadian designed, 24 foot sail boat that has earned itself the reputation of extraordinary reliability and longevity among sailors. Designed by George Hinterholler of C&C Yachts and Niagara Yachts in 1959 to cope well even with the harshest conditions found in the Great Lakes region, the vessel has proven to be well suited for sail training, cruising and racing. This program takes you through levels of alongside with our long standing members of BSBC with years of



experience cruising, racing, teaching you. These mentors are your guides in advancing your sailing skills and become a valuable sailing resource for you. The programme covers the sailing and seamanship skills needed to have fun and be safe on the water.

In addition, as a member of the Club, you will be taught how to maintain a keelboat. In fact, the program requires you spend up to 10 hours working on the boats so you can practice your know how. Once you have proven your sailing and seamanship skills at the Skipper level you will be able to take the family out sailing by yourself on Hamilton Harbour and perhaps even participate in Club racing using the Club's Shark or Tanzer. The program runs at defined times during the week to ensure you can plan your participation and get the time you need to learn to sail. Hurry spots fill up fast and are full by the start of boating season for that year. Space is limited. For info and pricing contact The Program Coordinator, Monique Van derLeden sharkbsbc@burlbay.com

Day Camp Sessions

NOTE: WE ARE CLOSED CANADA DAY AND CIVIC HOLIDAY MONDAYS. Prices are reflective of the shortened week.

Wet Feet: Mon.-Fri. HOURS 9-4pm

Starting: July 2, July 8, July 15, July 22, July 29, Aug 6, Aug 12, Aug 19

CANSail 1/2: Mon.-Fri. HOURS 9-4pm

2 week duration Starting: July 2,15, 29, Aug 12

CANSail 3: Mon.-Fri. HOURS 9-4pm

2 or 4 week durations Starting: July 2 or July 29 (note 2 weeks are only at the beginning of the month)

CANSail 4: Mon.-Fri. HOURS 9-4pm

4 or 8 week durations
Starting: July 2 or July 29

Prices do not include HST – Youth under 14yrs of age do not pay HST

Adult Basic Cruising Keelboat

Standard HOURS 9-4pm

2 consecutive weekends
Starting: June 8, 24, 22, July 27, Aug 17
or Sept 7 or 5 weekdays (Ladies week)
June 10-14, July 15-19

Adult Basic Dinghy: HOURS 6-9pm

6 days Starting: July 10 or Aug 7

**Mailing Address: 841 Lasalle Park Road
Burlington, Ontario L7T 4G9**

REGISTER online www.sailbsbc.ca

Burlington Sailing & Boating Club

2019 Sailing School



KIDS DAY CAMP & ADULT SAILING

Phone: 905-631-9291

WEB: www.sailbsbc.ca

EMAIL: manager@sailbsbc.ca

At the foot of LaSalle Park Road in Burlington, ON.

SAILING SCHOOL

Welcome to BSBC's sailing program! We provide a safe and fun environment for all ages. Here, you or your young sailor will learn the fundamentals of sailing and gain confidence on the water. The BSBC Sailing School is a certified CAN*Sail* teaching centre and a proud partner of Sail Canada with certified instructors. Our day camp style format allows young sailors to develop skills and friendships that will last a lifetime.



CAN*Sail* 1 & 2 (2 week sessions)

This 10 day beginner program is for sailor's **9-years old & up**. Through games and activities sailors will learn basic terms, boat parts, water safety, knots and rules on the water. While on the water they will work on their basic safety and boat handling skills. Sailors will spend their days on an Echo (pictured above). It is suggested that sailors at this level be comfortable around the water and will not move to the next level until they complete the Can*Sail* Checklist.



YOUTH SAILING

WET FEET (1 week sessions 5 days)

This is a one week introductory program for young sailor's ages **5-8 years old** who wish to begin exploring sailing. Learning in a safe environment in a day camp style setting, all activities will be based on and off the water. Children will spend their days on an Optimist Pram (pictured above). They will learn develop skills of steering, rigging, taking care of the boat and the equipment. The attitudes and readiness of the young sailors are kept in mind before proceeding to the next stage of their sailing career. Children who have spent a summer or two in the Wet Feet program as are 8 years of age can advance to the next level.

CAN*Sail* 3 (2 or 4 week sessions)

At this stage, sailors are keen on sailing and have achieved the CAN*Sail* levels 1 & 2. Through this comprehensive program sailors are using the trapeze and mastering the use of a spinnaker. While on the water they will work on their basic racing tactics and skills. This is a 4 week program that can be broken into two weeks just to get a taste. Although to attain the level sailors must be prepared to concentrate on learning and performing as CAN*Sail* 3 is for kids who enjoy and are serious about sailing. The skill development as well as curriculum is vast and the commitment from the student is needed if they wish to advance. It can sometimes

take roughly four or more consecutive weeks to attain this level.

CAN*Sail* 4 (4 or 8 week sessions)

This is a beginner racer series which is a commitment to sailing and the traveling junior race team. Having achieved Can*Sail* 3 sailors are serious about sailing for the summer season. A commitment is needed from the parents as well. They will also be participating and travelling with equipment and boats to and from the race locations.



WHAT YOU'LL NEED

- Approved Life Jacket or PFD, lunch, hat
- Water bottle & Towel, notebook/pencil
- Hat, sunglasses, sunscreen, rain gear
- Old running shoes or enclosed toed sandals, **no flip flops or bare feet**
- Layers of clothing & extra clothing
- Quick dry shirts and shorts

ADULT SAILING

Adult Dinghy Sailing

Looking to get into sailing and checking an item off your bucket list? In CAN*Sail* 1/2 you will be learning Wed, Thurs. & Friday evenings from 6-9pm July & August sessions available.

Basic Cruising Adult Keelboat Sailing

This is ideal for the beginner sailor wanting to learn to sail a 24ft keelboat and up. This is for those who are looking to purchase a small boat in the future giving you an idea what characteristics you might want to look for in a boat. Basic sail and boat parts, crew overboard procedures, docking and other fundamentals will be taught to Sail Canada Basic Cruising Standard.

A \$20 Ontario Sailing/Sail Canada Membership Fee will be added upon registration. All certifications are taught by certified & insured Sail Canada instructors.

Wet Feet (1 week)	\$293.00
Canada Day or Civic Holiday	\$235.00
CAN <i>Sail</i> 1 (2 weeks)	\$604.00
Canada Day or Civic Holiday	\$544.00
CAN <i>Sail</i> 2 (2 weeks)	\$604.00
Canada Day or Civic Holiday	\$544.00
CAN <i>Sail</i> 3 (4 weeks)	\$1248.00
(2 weeks)	\$642.00
Can Day or Civic Holiday 2 wks	\$562.00
Can Day or Civic Holiday 4 wks	\$1186.00
CAN <i>Sail</i> 4 (4 weeks)	\$1248.00
Can Day or Civic Holiday 4 wks	\$1186.00
Extend- A- Sail (per week)	\$65.00
Canada Day or Civic Holiday	\$52.00
Basic Dinghy Adult (6 nights)	\$450.00
Wed, Thurs., Friday 6-9 pm	
Basic Cruising Adult Keelboat	\$660.00
2 weekends or 5 days	