

CanSail 1

In Progress Acheived

Tacks from gunwale to gunwale.			M a n e u v e r s
Able to bear off from a close hauled course.			
Crew switches jib as it backs.			
Gybe boom as wind crosses the back edge of the main sail.			
Able to stop intentionally by easing sails and steering into irons.			
Able to head up to close hauled from any point of sail.			
Able to bear off from a close hauled course.			
Correct starting position on each tack.			
As Skipper, sits on new side and straights out boat after a tack.			
As Skipper, switches the tiller behind their back once a tack/gybe is complete			
As Skipper, pre-gybes tiller extension			

Able to sail a set course.			S e a m a n s h i p
Able launch a boat safely off the dock.			
Able to rig a boat unaided.			
Able to identify wind direction.			
Able to right a capsized boat.			
Come dressed and prepared for weather.			
Able to recive and secure a towline and be towed.			
Communicates with sailing partner and other nearby boats before preforming manuevers.			
Ensures enough space before attempting manuevers.			
Sits in correct position as both Skipper and Crew.			
Adjusts body position to keep boat stable.			
Cross boat facing forward with aft foot first.			

Keep boat flat while heading up			B o a t C o n t r o l
Minimize heel while bearing off			
Skull to close reach from irons			
Does not oversteer on a tack			
Controls the boat with intentional movements			
Steers to avoid boats and hazards			
Slows boat while sailing downwind			
Steer to keep tell tales flying 50% of the time while sailing			
Trim sails using both hands			
Trim sails to accelerate from a stop			
Crew switches jib as front 1/3 of the way through turn			
Adjust sails in/out while sailing to a point to test proper sail trim			
Luff sails to reduce heel and balance the boat			
Ease sails to slow down upwind and while bearing off			